

## Course Description

This two-day review course is designed to help prepare the registered nurse to take the Gerontological Nursing Exam offered by the American Nurses Credentialing Center. The following core areas will be covered: aging principles and theories, normal aging changes, dementia, depression, delirium, cardiopulmonary problems, health promotion, neurological diseases, pharmacologic issues, hematologic and immunologic problems, GI/GU issues, environments of care and end-of-life issues. Practice questions will also be utilized. Even if you are not preparing to take the exam, this course will give you an excellent and consolidated review of geriatric topics.

## Key Learning Outcome

- After completing the program, 80% of participants will report an increase in knowledge and confidence necessary to pass the certification exam.

## Program Objectives

*This program prepares the learner to:*

- Describe the Gerontological Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

#### Introduction and Test Format

#### Aging Principles and Theories

Demographics | Theories | Communication

#### Assessment and Normal Aging Changes

H&P Considerations

#### The 3 D's

Dementia | Depression | Delirium

#### Cardiovascular Problems

CAD | AMI | CHF | PVD

#### Respiratory

Pneumonia | Influenza | TB | COPD

#### Health Promotion

Prevention Levels

# Agenda

## Day 2, 8:00 am to 4:00 pm

### Neurological Problems

CVA | Parkinson's Disease

### Hematologic and Immunologic Problems

Anemia | HIV

### End-of-Life Care

Symptom Management | Advance Directives | Hospice Care

### GI and GU Problems

GERD | UTI | Cancer

### Pharmacologic Issues

Polypharmacy | ADRs

### Metabolic and Musculoskeletal Problems

Diabetes | Osteoarthritis

### Environments of Care

Falls | Levels of Care

## Accreditation

### RN/LPN/LVN/Other: 13 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (**ANCC**).

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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